

Skills Scoring Sheet

Dribbling: Each player goes through course one time.
Write down player's time.

Shooting: Each player has three tries.
Players will shoot from following distances:
U8/8 yards, U10/10 yards, U12/12 yards, and U14 & up/16 yards.
Write down all three scores.

Passing: Each player has three tries.
Between center cones award *40 points*.
Next widest cones from center award *30 points*.
Next widest cones *20 points*.
Next widest cones award *5 points*.
No points will be awarded for passes outside all the cones or passes that do not get through the cones.
Players will pass from the following distances:
U8/10 yards, U10/12 yards, U12/14 yards, 14 & up/16 yards
Write down all three scores

Throw Ins: Each player has three tries:
Each throw that lands within the 6' x 6' square or on the line receives *40 points*
No points will be awarded for an improper throw-in.
Players will throw from the following distances:
U8/9 feet, U10/15 feet, U12/21 feet, U14 & up/27 feet
Write down all three scores.

Juggling: Each player is allowed three tries
1 point for each touch.
The player must remain in a 10 yard circle.
The following rules apply for each age group:
U8 Start with ball in hand. Allowed one bounce between touches.
U10 Start with ball in hand.
U12 & up Player may choose to start from hand or ground
Record all three tries.